

Breast Course for Nurses 2014

The Breast Course for Nurses has been exceedingly busy over the past year and none of it would have been possible without your help therefore we want to update you on all the activities that we have been involved with throughout the year!

Courses

Durban: we completed the course in Durban in August at the St Augustines hospital. The bulk of the nurses that attended the course were oncology nurses. A total of 15 nurses were trained during this course. Thank you to Sr Karen Hill for her help with the administration and organisation of the course.

Introductory day: <http://www.jennyedge.co.za/2014/01/breast-course-for-nurses-in-durban.html>

Read more here: <http://www.jennyedge.co.za/2014/08/durban-course.html>

Johannesburg: we completed the course in Johannesburg in March at the Chris Hani Baragwanath hospital. There were a wide range of nurses that attended this course and a total of 29 nurses were trained by the end of the course! Thank you to Sr Sheila Correia and Michelle Norris for their help with the administration and organisation of the course.

Day 1: <http://www.jennyedge.co.za/2014/03/day-1-baragwanath-breast-course-for.html>

Day 2: <http://www.jennyedge.co.za/2014/03/baragwanath-nurses-course-day-2.html>

Port Elizabeth: we completed the course in Port Elizabeth in November at the Netcare Training Academy. We had students from the private and public sector. A total of 24 nurses were trained. Thank you to Sr Lieske Wegelin and Michelle Norris for their help with the administration and organisation of the course.

Introductory day: <http://www.jennyedge.co.za/2014/05/port-elizabeth-breast-course-for-nurses.html>

Day 1: <http://www.jennyedge.co.za/2014/11/port-elizabeth-breast-course-day-1.html>

Day 2: <http://www.jennyedge.co.za/2014/11/port-elizabeth-breast-course-for-nurses.html>

Cape Town: we commenced a Cape Town course at the Christiaan Barnard Memorial Hospital in July and this course will end in early 2015.



Johannesburg group: March 2014



Port Elizabeth group: November 2014



Students in Durban learning cytology techniques with Dr Ines Buccimazza



Students in PE learning the various lymphoedema exercises from Sue Serebro



Dr Jenny Edge and Sr Nonnie Mdaka of the PE St Francis Hospice



Students in Johannesburg learning to do lymphoedema bandaging



Students in PE learning about cytology from Dr Anne Gudgeon



Durban students learning about biopsy techniques



Students in PE having the chance to try the biopsy technique they have learnt



Dr Ronelle de Villiers demonstrating cytology technique on apples



Marilize le Roux (BARD) and Dr Louella Ritz



Lymph drainage techniques with the Johannesburg students



The food and snacks are always welcome during the busy practical days!



Lectures by Dr Jenny Edge at the Cape Town course

News from 2014

- We attended the Impumelelo Social Innovations Centre Health Care Summit in March.
- Dr Jenny Edge represented the Breast Course for Nurses at the Midwife Conference in Johannesburg in May and Prof Woods attended the courses in Cape Town and Durban. Their talks emphasised the need to do a breast examination on all pregnant women.

Read more here: <http://www.jennyedge.co.za/2014/05/sensitive-midwifery.html>

- We had a very successful fundraising breakfast at the Atlantic Imbizo Conference Centre at the V&A Waterfront in June. The event was mostly organised by Michelle Norris. Prizes that had been donated were raffled. Kate Squire-Howe had us in stitches with laughter yoga exercises and Samantha Brown kindly donated a beautiful painting that was auctioned at the event!



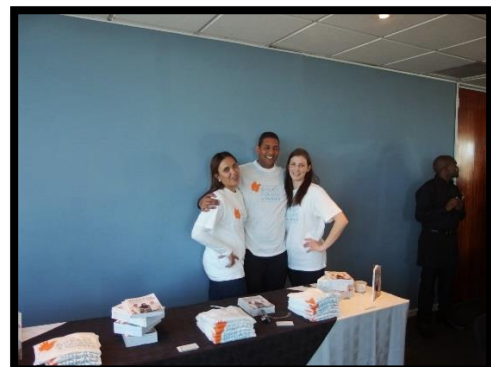
Breakfast fundraiser laughs: practising laughter yoga!



Dr Jenny Edge and Kate Squire-Howe



Dr Ben Mervis and Dr Peter Bell with the painting



Gadiza, Jean-Claude + Lieske with the BCN merchandise

Read more here: <http://www.jennyedge.co.za/2014/06/fund-raising-breakfast-for-breast.html>

- In July, Dr Edge spoke at the IASSS symposium. We attended the opening cocktail evening where we were introduced to the many representatives of the student surgical associations from all around the world. The IASSS chose us as their charity for their event and we were very fortunate to receive a large donation from them at their closing ceremony.



Dr Jenny Edge and Luke Kuttschreuter at the IASSS symposium

Read more here: <http://www.jennyedge.co.za/2014/07/thank-you-iasss.html>

- Dr Edge went to Namibia in July to attend the SCCA conference. This was a great networking opportunity with the health care providers from Botswana and Namibia.

Read more here: <http://www.jennyedge.co.za/2014/07/8th-scca.html>

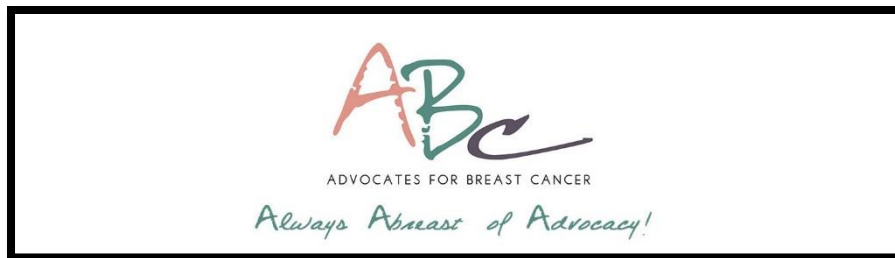
- Dr Edge spoke at the PLWC (People Living with Cancer) metastatic breast cancer breakfast hosted at the Vineyard Hotel. Several speakers gave relevant talks at the breakfast. Dr Edge spoke about the role of surgery in women with metastatic disease.



The topic of the talk at the PLWC breakfast

Read more here: <http://www.jennyedge.co.za/2014/08/plwc.html>

- The Breast Course for Nurses joined up with many other organisations including Reach for Recovery, People Living with Cancer, AmaBele Belles, Breast Health Foundation and CANSA to form the Advocates for Breast Cancer (ABC). The Advocates for Breast Cancer are advocating for a breast health policy in South Africa. We attended a 3 day course on advocacy and communication skills training. This is an ongoing process and we would appreciate if you could visit the ABC website: <https://blogforbreastcancer.wordpress.com/> and help to spread the information!



Salome Meyer at the advocacy and communication course

Read more here: <http://www.jennyedge.co.za/2014/08/advocacy-workshop-in-cape-town.html>

- October, as usual, was a very busy month. It started with us attending the re-launch of Reach for Recovery. This was held in Tyger Valley. Anne Steyn, Salome Meyer and Bruce Welsh spoke at this event. The Ditto project of Reach for Recovery was also launched.



The new Reach for Recovery logo

Read more here: <http://www.jennyedge.co.za/2014/10/the-re-launch-of-reach-for-recovery.html>

- Dr Edge spoke at the DEA (Department of Environmental Affairs) women's breakfast.



The DEA women's breakfast

Read more here: <http://www.jennyedge.co.za/2014/10/womens-month-celebration-at-department.html>

- Sr Wegelin attended the Groote Schuur Hospital breast awareness day. There were various sessions throughout the day. During each session there were different speakers giving presentations from long-term effects of treatment to plastic surgery. Look Good, Feel Better gave a demonstration on the work that they do with patients. Various organisations had tables that you could visit after the talks.
- Sr Lieske Wegelin presented a talk at the SABC studios in Sea Point as a part of their breast awareness campaign during the month of October. She was joined by Dr Clare Nesor who spoke about the role of plastic surgery in breast cancer.



Dr Clare Nesor, Sr Lieske Wegelin, Nada Wotshela, Sr Treska Botha

- Netcare hosted a breast awareness day during the month of October where Dr Edge presented a talk to staff of the Netcare CBMH, patients and the general public. Many other NPO's joined us for this day. A very enjoyable and informative morning!



Well Woman Diagnostics sponsored cupcakes that were not in the usual pink October colour but instead in the colour of the Breast Course for Nurses!



Dr Jenny Edge, Michelle Norris (CBMH), Carol (Well Woman Diagnostics), Maryan (Morton + Partners)

Read more here: <http://www.jennyedge.co.za/2014/10/thank-you.html>

- Dr Jenny Edge presented talks in October re “Celebrities and their cancer stories” in Cape Town and Johannesburg at the UCS Solutions offices to the staff that work in the company.

- We were involved in the MAMA (Mobile Alliance for Maternal Action) project which involves tele-messages for pregnant women. Read more about MAMA here: <http://www.askmama.co.za>
- Lara Myerson and Lisa Levy both decided that instead of receiving gifts for their birthdays, they would rather ask their friends to donate to the Breast Course for Nurses! On both occasions, the money raised was far more than expected! We are so thankful for the donations and so grateful for the generosity of these 2 ladies and all of their friends!

Read more here: <http://www.jennyedge.co.za/2014/05/happy-birthday-lara.html>

Read more here: <http://www.jennyedge.co.za/2014/11/thank-you-lisa-levy.html>
- The Breast Course for Nurses is very proudly on Facebook and Twitter! These sites are continuously updated and should be used to stay up to date with us and with what the Breast Course for Nurses is busy with! Our website is updated every few months therefore it is more reliable to stay up to date with us via social media.

Future plans

2015 looks to be a very busy and exciting year! The Breast Course for Nurses will be heading to Zimbabwe in February. The course will be taught in Bulawayo and Harare. The course will be adapted to the needs of the students that will attend. We will also be going to teach the course in Malawi during the course of 2015.

We will continue with the local courses in South Africa.

Thank you!

The Breast Course for Nurses would not be possible without the help of our sponsors! Many thanks to the following people (in no specific order) that have helped in many various ways:

- Sr Karen Hill
- Sr Sheila Correia
- Sr Lieske Wegelin

- Sr Nonnie Mdaka
- Sr Jackman

- Dr Jenny Edge

- Prof David Woods
- Dr Anne Gudgeon
- Dr Linda Whitelock-Jones
- Dr Ronelle de Villiers
- Dr Sarah Nietz
- Dr Louella Ritz
- Dr Peter Bell
- Dr Charmaine Blanchard
- Dr Herbert Cubasch
- Dr N Murugan
- Dr Paul Whitehead
- Dr Chick

- Sue Serebro
- Colleen Marco
- Isla Muhl
- Carola Schoonheim
- Allison Dendy

- Chris Tilney
- Michelle Norris
- Netcare CBMH
- Netcare Training Academy
- Greenacres Hospital
- Baragwanath Hospital
- Maureen Joffe

- Ian Black
- Pathcare
- Carecross
- UCT IASSS
- Well Woman Diagnostics

- BARD medical (including all the reps that have helped us!)
- Brendan Marshall
- Novartis
- Dig It
- Jean-Claude Smith
- Brett Kuyper
- Nexion

- The Myerson family
- The Levy family
- The Blachowitz family
- Bergman and Ross
- Morton and Partners
- Dr Annetjie Scheepers
- Dr Paul Skoll
- Dr C Pienaar
- Kate Squire-Howe
- Samantha Brown
- The Cox, Wegelin and Rightford families
- Atlantic Imbizo venue
- Mrs Crosier
- Salome Meyer
- NPO's that have joined us for the community networking sessions
- Nurjhan Eia
- Vanessa Gorst

Contact us

- Please “like” us on Facebook to hear all of our latest news! Search for “Breast Course 4 Nurses”
- We are tweeting! Follow us on twitter: @breastcourse
- To get in contact with us either go to the Breast Course for Nurses website or get hold of us via info@breastcourse4nurses.co.za or alternatively lieskewegelin@gmail.com
- Dr Jenny Edge’s blog: www.jennyedge.co.za



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