

Breast Course for Nurses 2017

Below is an update on the activities that the Breast Course for Nurses team has been involved with throughout 2017.

Courses

1. Cape Town, South Africa:

Netcare Head office approached the Breast Course for Nurses to train the Medi-cross staff of the Western Cape. This training was in preparation for the opening of the oncology unit at the Christiaan Barnard Memorial Hospital.

- Day 1 – Various local doctors and health care providers presented the lectures for the day. The afternoon session about lymphoedema was comprehensive including the anatomy and physiology of the lymph system, the role of surgery in lymphoedema and also the non-surgical management. Please see the LAOSA website for more information about lymphoedema (<https://www.laosa.co.za/>).

Read more here: <http://www.jennyedge.co.za/2017/06/oncology-centre-cbmh-breast-course-for.html>

- Day 2 - We had just over 10 various health care professionals sharing their skills with the students attending the course. Topics ranged from the various treatments for breast cancer (surgery, radiotherapy, chemotherapy and endocrine therapy) to palliative care and appropriate screening for the local population. The parallel session was regarding the accreditation of a breast unit. One of the topics discussed was the management of patient data and access to this data.

Read more here: <http://www.jennyedge.co.za/2017/06/medical-data-sharing.html>

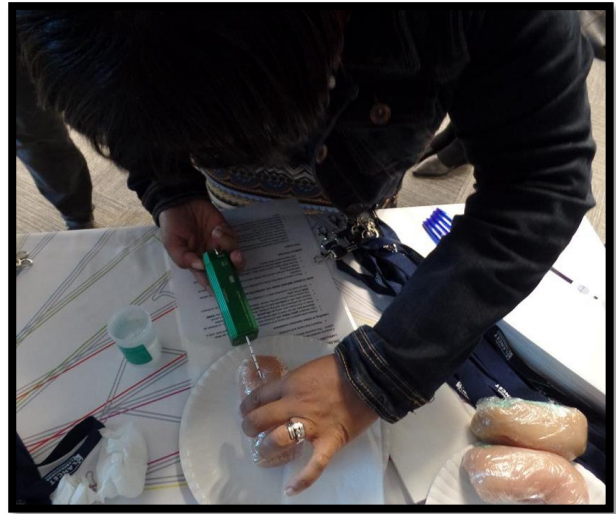
Thank you to the sponsors of this course and to all of the individuals that gave of their time to be a part of it.

Cape Town, South Africa: June 2017

Day 1:



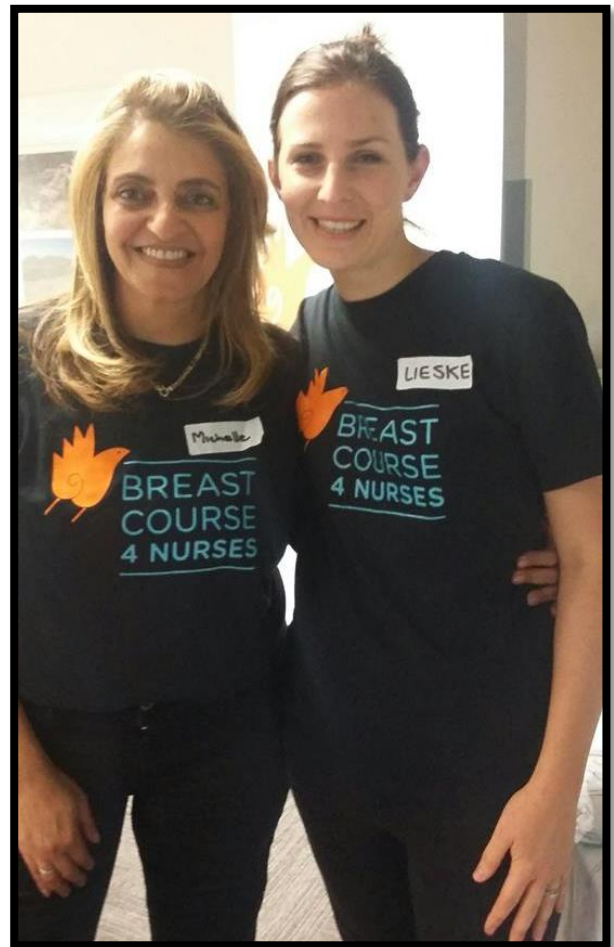
Filda and Ann practising examination of the axilla



Tru-cut biopsy technique



Simpwi, Marilyn, Jamie, Winny, Heather and Vanessa



Michelle and Lieske



Carol and Frances from Lancet



Suzi demonstrating lymphoedema bandaging on Jamie

Day 2:



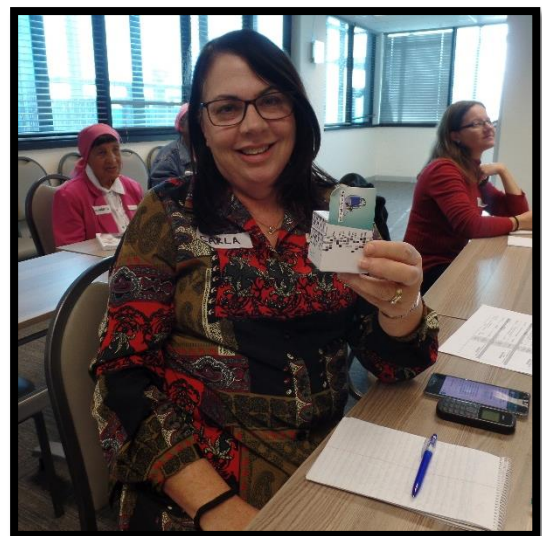
Sr Sheila



Sr Marilyn



Sr Yvonne and Sr Mareta



Carla from Reach for Recovery



Group discussions - palliative care



Maryan from Morton and Partners

Parallel Session:



Dr Gudgeon, Dr de Villiers and Dr Edge



Linda and the youngest member of the day!



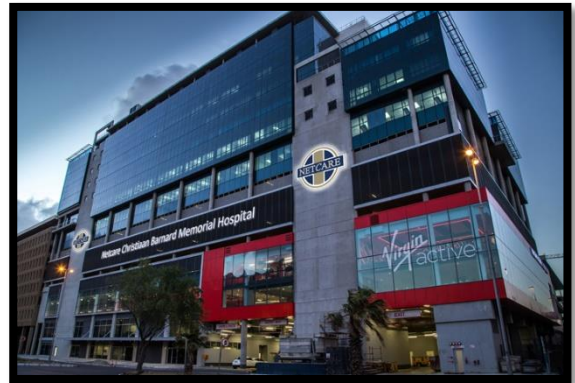
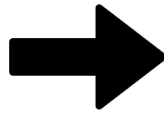
Jean-Claude - data management



Dr Heide Hart - survivorship programmes

News from 2017

- Moving to the new Christiaan Barnard Memorial Hospital premises on the Foreshore has been a challenge! The Breast Course for Nurses slowed down due to the move. Now that the dust has settled, the Breast Course for Nurses is going full steam ahead with courses already in the plans for 2018!



- The Breast Course for Nurses is a part of the Cancer Alliance which is a collective organisation of over 20 cancer NGO's that advocate for improved access to cancer care for South Africans. In March, the Breast Course for Nurses attended a training and strategizing session related to improving access to cancer treatment and services in South Africa and implementation of an advocacy toolkit. A new toolkit is released every month and can be seen on the Breast Course for Nurse Facebook page. More information about the Cancer Alliance and the toolkit can be found here: <https://www.canceralliance.co.za/>



- Dr Edge spoke at the South African Menopause Society (SAMS) conference. Her topic was about Mammography and Breast Screening: The Ongoing Debate.



- The Breast Course for Nurses was part of the annual October breast cancer awareness drive at the Netcare Christiaan Barnard Memorial Hospital. The theme this year was “regaining confidence after the diagnosis of breast cancer”
Various breast cancer survivors shared their experience on how they have regained their confidence after their diagnosis. Some shared that they were still on their journey to regaining their confidence.

Read more here: <http://www.jennyedge.co.za/2017/10/regaining-confidence-after-diagnosis.html>



Lancet



Morton and Partners



LAOSA



Breast Course for Nurses



Reach for Recovery



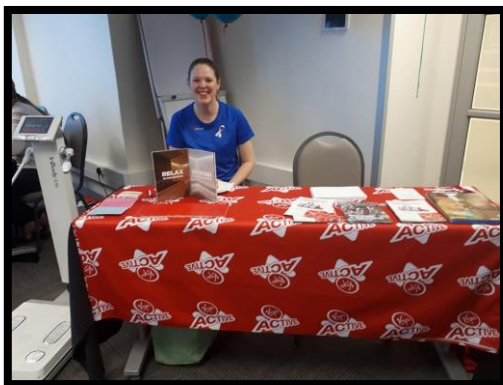
Pamper Station



Pathcare



Bettercare



Virgin Active



Liberty

- The course has been adapted to be run over 3 days. This allows various levels of health care providers to be trained on relevant topics.
 - Day 1 is for care workers, patient advocates, volunteers and registered nurses.
 - Day 2 is for registered nurses and GP's.
 - Day 3 is for oncology specialised registered nurses and doctors.The course however, is flexible and can be adapted to the specific needs of the health care providers being trained.

- The AGM for the Breast Course for Nurses was held in November. The team comprising of Dr Jenny Edge, Prof Dave Woods, Dr Paul Whitehead, Michelle Norris and Sr Lieske Wegelin attended. We welcomed 2 new members: Sr Karen Hill, who has assisted with running courses since the commencement of the Breast Course for Nurses in 2012 and Dr Ronelle de Villiers who has assisted with lecturing at various courses that have been run. We are very grateful to have Sr Hill and Dr de Villiers on board!

Future plans

- The Breast Course for Nurses is in the process of planning courses for 2018. Both local courses and a course in Marondera, Zimbabwe are in the plans.

- The new Breast Course for Nurses website will be up and running by the end of this year. Thank you to Jean-Claude Smith of WeDigitSA for setting this up and for assisting with IT when needed. The website will have an option for donations should you wish to make a donation to the course.

- We are looking into accreditation of the course. This is a costly and lengthy process but it will be beneficial in the long run to the Breast Course for Nurses and the health care providers that attend the course.

- Please contact the Breast Course for Nurses (details below) if you would like a course to be run at your facility. The health care providers do not pay to attend the course. All material is sponsored and we ask the local faculty to be involved in order to minimise costs. The course can be adapted depending on the needs of the health care providers being trained.

- Dr Edge will be transferring to the state sector in the beginning of 2018. She will however still be working at CBMH part time. Her transfer to Tygerberg hospital and the University of Stellenbosch will open up new possibilities and opportunities for the Breast Course for Nurses. Further updates will follow.

Thank you!

The Breast Course for Nurses would not be possible without the help of sponsors! Many thanks to the following people (in no specific order) that have helped in many various ways.

- Dr Jenny Edge
- Dr Anne Gudgeon
- Dr Paul Whitehead
- Dr Irene Boeddinghaus
- Dr Britta Dedekind
- Dr Clare Naser
- Dr Johann Raats
- Dr Oliver McGowan
- Dr Greg Hart
- Dr Heide Hart
- Dr Tom Dicker
- Dr Ronelle de Villiers
- Prof Dave Woods

- Sr Sheila Correia
- Sr Lieske Wegelin
- Sr Karen Hill
- Sr Yvonne Jackman

- Lancet Laboratories and staff
- Dig-It
- Pathcare and staff
- Netcare CBMH and staff
- Netcare Head Office
- Cancer Alliance
- Reach for Recovery

- Michelle Norris
- Kate Brinckmann
- Suzi Davey
- Chris Tilney
- Ian Black
- Jean-Claude Smith
- Gadija Kippie
- Nadia Abrahams
- Linda Greeff
- Gideon du Plessis
- Carol van der Velde
- Theresa Roux
- Maryan Haefele
- Individual Sponsors

Contact us

- The Breast Course for Nurses is very proudly on Facebook! This page is continuously updated and should be used to stay up to date with the Breast Course for Nurses!



Facebook: Breast Course 4 Nurses



Twitter: @breastcourse



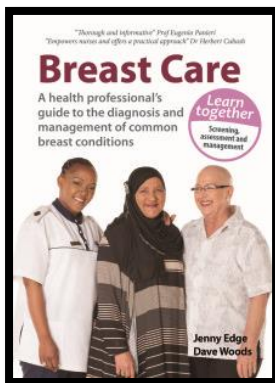
Website: <http://breastcourse4nurses.co.za/>



Email: lieskewegelin@gmail.com or info@breastcourse4nurses.co.za



Dr Jenny Edge's blog: www.jennyedge.co.za



Breast Care book:

<http://bettercare.co.za/learning-programmes/breast-care/>