

Breast Course for Nurses 2015

The Breast Course for Nurses has had another busy year and of course none of it would have been possible without your help! This is an update on all the activities that the course has been involved with throughout the year!

Courses

1. Harare, Zimbabwe: this course was completed in February at the very lovely Bronte Hotel and Conference Facility. There were a variety of nurses attending the course with the majority being from the oncology unit of the Parirenyatwa Hospital. A total of 40 nurses were trained. The course was very fortunate to have Dr Anna Nyakabau and Dr Miata Mvere assist with lectures. Thank you to Sr Lieske Wegelin and Primrose Mafunda for helping with the admin side. Many thanks to the sponsors involved.

Day 1: <http://www.jennyedge.co.za/2015/02/harare-breast-course-for-nurses.html>

Day 2: <http://www.jennyedge.co.za/2015/02/day-2-harare-breast-course-for-nurses.html>

2. Bulawayo, Zimbabwe: this course was completed in February at a venue next door to the Mater Dei Hospital. This course was a part of a programme being run by Dr Phil Mitchell with staff from Knoxville, Tennessee. It was mostly due to a collaboration between Dr Mitchell, Dr King, Sr Jamieson and the rotary clubs of Knoxville and Bulawayo. The Breast Course for Nurses was put in contact with this programme via Dr Judy Whittaker who was also lecturing at the programme. She assisted the Breast Course for Nurses on the first day during the practical session teaching the nurses about how to do a fine needle aspiration and also the pitfalls of this biopsy technique. A total of just over 80 health personnel attended the course. There were also a few doctors that participated in the course. There were many local doctors that joined for the 2 days and they also assisted with the lectures. 2 professors of nursing from Knoxville, Sr Karen and Sr Lynne, joined and assisted for the 2 days!

Day 1: <http://www.jennyedge.co.za/2015/02/breast-course-for-nurses-bulawayo-day-1.html>

Day 2: <http://www.jennyedge.co.za/2015/02/bulawayo-course-day-2.html>

3. Cape Town, South Africa: this course was completed in March. There were 15 nurses in attendance. The group was made up of mostly surgical nurses and volunteers. Vaunda Parsonage very kindly presented the lymphoedema session which the students all really enjoyed. A special thanks to Dr Miriam Mutebi and Dr Ronelle de Villiers for their assistance with the lecturing. Thank you to Sr Lieske Wegelin, Michelle Norris and Sr Sheila Correia for all their assistance and involvement with the course.

4. Lilongwe, Malawi: Dr Edge travelled to Malawi to teach a group of 26 students at the Tidziwe Centre at the Kamuzu Central Hospital. The students consisted of nurses, doctors (registrars and interns) and clinical officers. Thank you to Lily Gutnik and Satish Gopal for their assistance and involvement in setting up this course.

Day 1: <http://www.jennyedge.co.za/2015/05/malawi-breast-course-for-nurses-day-1.html>

Day 2: <http://www.jennyedge.co.za/2015/05/malawi-breast-course-for-nurses-day-2.html>

5. Windhoek, Namibia: 23 nurses attended this course. It was held at the University of Namibia Medical School. The deputy permanent secretary from the Ministry of Health, Dr N Forster, opened the course and we were also joined by the Dean of the University of Namibia Medical School, Prof Peter Nyarango. Prof Celestine Mbangtang assisted with the lectures. Thank you to Oscar and Susan of Novartis for assisting with this course.

Day 1: <http://www.jennyedge.co.za/2015/10/breast-course-for-nurses-namibia-day-1.html>

Day 2: <http://www.jennyedge.co.za/2015/10/breast-course-for-nurses-windhoek.html>

6. Ongwediva, Namibia: 30 nurses attended this course. The course was at the Destiny Hotel in Oshakati. The Minister of Health, Dr Haufiku, visited the course which was a great honour. Thank you to the sponsors, Novartis and Pathcare, and to each and every person that helped to organise the course.

Day 1: <http://www.jennyedge.co.za/2015/10/day-1-breast-course-oshakati-namibia.html>

Day 2: <http://www.jennyedge.co.za/2015/11/breast-course-for-nurses-oshakati-day-2.html>

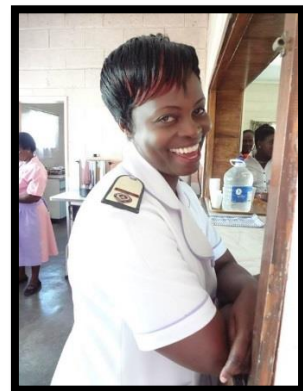
7. Johannesburg, South Africa: In November, a course was commenced in Johannesburg. This course is being run by Dr Sarah Nietz and Sr Sheila Correia with the assistance of Sr Tumeka Nojoko and Sr Colleen Davis. This is the first course that is being run without Dr Edge being present. The aim is to have more courses like this as the Breast Course for Nurses would like to start with train-the-trainer courses in 2016. Just over 70 health care workers attended the course and the Breast Course for Nurses is looking forward to the follow up course early in 2016.

Day 1: <http://www.jennyedge.co.za/2015/11/breast-course-for-nurses-johannesburg.html>

Harare, Zimbabwe: February 2015



Bulawayo, Zimbabwe: February 2016



Cape Town, South Africa: March 2015



Lilongwe, Malawi: May 2015



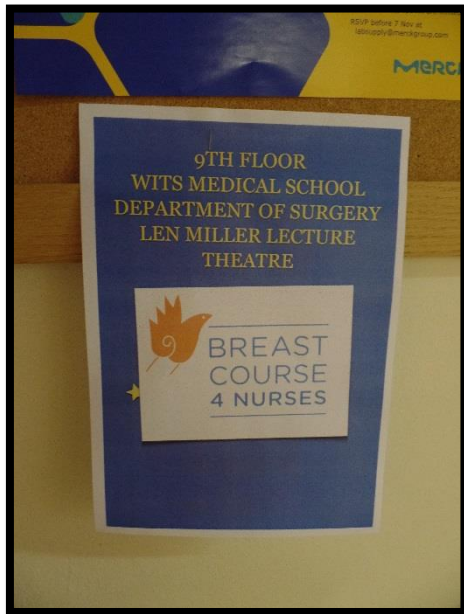
Windhoek, Namibia: October 2015



Ongwediva, Namibia: October 2015



Johannesburg, South Africa: November 2015



News from 2015

- The Breast Course for Nurses visited the Well Woman Clinic in Harare – they have facilities for cervical screening, breast screening and bone density scans. They combine clinical examination with a mammogram.

Read more here: <http://www.jennyedge.co.za/2015/02/well-woman-clinic-harare.html>



The staff at the Well Woman Clinic in Harare

- Dr Edge presented a session at the Radiographers Course in Cape Town where she taught about the clinical aspect of the management of breast cancer. Bergman, Ross and Partners sponsored a Breast Care book for each student. A big thank you to them for that.

Read more here: <http://www.jennyedge.co.za/2015/03/radiographers-course-cape-town.html>



The students with their sponsored Breast Care books

- Jessica Knight and her sister Juliet Baxter (the Santa Sisters team) completed the Joberg2c mountain bike race. They cycled to support the Breast Course for Nurses. The Santa sisters started a blog before the race began to keep us up to date on their preparation and training and continued to blog and tweet throughout the race.

Read more here: <http://www.jennyedge.co.za/2015/01/fundraising.html>

Read more here: <http://www.jennyedge.co.za/2015/04/the-santa-sisters.html>

Read more here: <http://www.jennyedge.co.za/2015/04/the-kindness-of-strangers-and-friends.html>



Jessica Knight and Juliet Baxter – The Santa Sisters

- The Breast Course for Nurses featured in the May edition of the Fairlady Magazine. Thank you to Liesl Robertson for writing the article.



- Another successful fundraiser was held at the Atlantic Imbizo Conference facility. A delicious high tea was followed by an auction and raffle prizes. Entertainment was provided by Belinda Prinsloo. There were many sponsors for the day and many people that assisted to make the morning so special! A very big thank you to all involved especially Michelle Norris, none of it would have been possible without you!

Read more here: <http://www.jennyedge.co.za/2015/06/breast-course-for-nurses-fundraiser.html>



Gadija and Nadia



"Flo" the Breast Course for Nurses bear donated by Mrs Colleen Crosier



Dr Edge presenting a talk at the fundraiser

- The Breast Course for Nurses was invited by the medical students of UCT to assist them with a project to educate refugees about breast examination and breast cancer.



Sr Lieske and Sr Jill with the UCT medical students

- Darren Francis, a photographer from Cape Town, exhibited portrait photographs of women affected by breast cancer and women involved in the care of women with breast cancer at the Breaking Dawn photography exhibition at the Young Blood Art Gallery in Cape Town. He included the Breast Course for Nurses in his campaign to bring across the message that early detection and treatment saves lives.

Read more here: <http://www.jennyedge.co.za/2015/09/breaking-dawn.html>



Maryan Haefele and Sharon Lewin



Sr Lieske, Darren Francis and Matthew

- The Breast Course for Nurses visited 2 of the hospitals in the north of Namibia. Prof Celestine Mbangtang organised this. It was a very interesting and eye opening day.

Read more here: <http://www.jennyedge.co.za/2015/10/day-3-namibia.html>

- Dr Edge went to the AORTIC conference in Marrakech, Morocco. She was fortunate enough to be able to present a talk about the Breast Course for Nurses and to represent the course at this cancer conference.

Read more here: <http://www.jennyedge.co.za/2015/11/aortic-impact-of-inequity-on-cancer-care.html>

Read more here: <http://www.jennyedge.co.za/2015/11/aortic-15-friday-201115.html>

Read more here: <http://www.jennyedge.co.za/2015/11/pawas-aortic-15.html>

Read more here: <http://www.jennyedge.co.za/2015/11/aortic-global-surgery.html>



Future plans

In 2016, the Breast Course for Nurses will continue to run courses in South Africa and other countries in Southern Africa and Africa. Train-the-trainers courses will be commenced so that future courses can be run without Dr Edge being present.



Thank you!

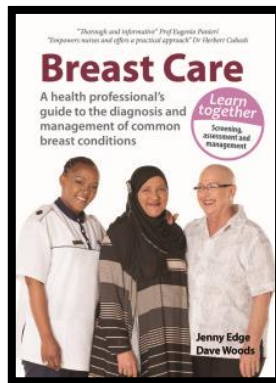
The Breast Course for Nurses would not be possible without the help of sponsors! Many thanks to the following people (in no specific order) that have helped in many various ways:

- Sr Sheila Correia
- Sr Lieske Wegelin
- Sr Karen Hill
- Sr Yvonne Jackman
- Sr Vaunda Parsonage
- Sr Colleen Davis
- Sr Maureen Jamieson
- Sr Tumeka Nojoko
- Sr Jill Bilyard
- Well Woman Diagnostics
- Morton and Partners
- Bergman, Ross and Partners
- Atlantic Imbizo Conference Facility
- Fairlady Magazine
- Netcare CBMH
- UCT IASSS
- Bakenwa Spa
- Cape Heritage Hotel
- Dr Jenny Edge
- Prof David Woods
- Dr Anne Gudgeon
- Dr Ronelle de Villiers
- Dr Paul Whitehead
- Dr Miriam Mutebi
- Dr Judith Whittaker
- Dr Anna Nyakabau
- Dr Miata Mvere
- Dr Phil Mitchell
- Dr Lily Gutnik
- Dr Satish Gopal
- Dr Sarah Nietz
- Prof Peter Nyarango
- Prof Celestine Mbangtang
- Dr Oscar Benyera
- Dr Conrad Pienaar
- Dr Clare Nesor
- Dr Paul Skoll
- Dr Annetjie Scheepers
- Dr Irene Boeddinghaus
- Dr Elmin Steyn
- Michelle Norris
- Chris Tilney
- Karen Lasater
- Lynne Blackburn
- Susan van Zyl
- Sue Serebro
- Ian Black
- Brendan Marshall
- Jean-Claude Smith
- Gadija Kippie
- Nadia Abrahams
- Darren Francis
- Maryan Haefele
- Anna Richerby
- Belinda Prinsloo
- Salome Meyer
- Jessica Knight
- Juliet Baxter
- Carl Wessling
- Primrose Mafundu
- Pathcare
- Carecross
- Novartis
- Dig-It
- Nexion
- BARD medical
- The Myerson family
- The Levy family
- The Blachowitz family
- The Collopy Family
- Mrs Colleen Crosier

Contact us

- The Breast Course for Nurses is very proudly on Facebook and Twitter! These sites are continuously updated and should be used to stay up to date with the Breast Course for Nurses! The website is updated every few months therefore it is more reliable to stay up to date via social media.

-  Facebook: Breast Course 4 Nurses
-  Twitter: @breastcourse
-  Email: info@breastcourse4nurses.co.za or lieskewegelin@gmail.com
- Breast Care book: <http://bettercare.co.za/learning-programmes/breast-care/>



- Dr Jenny Edge's blog: www.jennyedge.co.za

